

The Impact of the Systemic Immune-inflammation Index and the Systemic Inflammatory Response Index on Progression-free Survival and Overall Survival in Second-line Immunotherapy for Metastatic Non-small Cell Lung Cancer

Metastatik Küçük Hücreli Dışı Akciğer Kanserinde İkinci Basamak İmmünoterapide Sistemik İmmün-enflamatuvar İndeks ve Sistemik Enflamatuvar Yanıt İndeksinin Progresyonsuz Sağkalım ve Genel Sağkalıma Etkisi

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Abstract

Objective: Systemic inflammation plays a key role in tumor progression and treatment response in advanced non-small cell lung cancer (NSCLC). Among inflammation-based biomarkers, the systemic immune-inflammation index (SII) and systemic inflammatory response index (SIRI) have recently gained attention as potential prognostic tools. This study aimed to evaluate the prognostic impact of SII and SIRI on progression-free survival (PFS) and overall survival (OS) in metastatic NSCLC patients receiving second-line nivolumab.

Method: A retrospective analysis was conducted in 216 patients with metastatic NSCLC who were treated with second-line nivolumab. Baseline hematologic parameters were used to calculate SII and SIRI.

Öz

Amaç: Sistemik enflamasyon, ileri evre küçük hücreli dışı akciğer kanserinde (KHDAK) tümör progresyonu ve tedavi yanıtında önemli bir rol oynamaktadır. Enflamasyon temelli biyobelirteçler arasında sistemik immün-enflamasyon indeksi (SII) ve sistemik enflamatuvar yanıt indeksi (SIRI), son yıllarda prognostik araçlar olarak dikkat çekmiştir. Bu çalışma, ikinci basamak nivolumab tedavisi alan metastatik KHDAK hastalarında SII ve SIRI'nın progresyonsuz sağkalım (PFS) ve genel sağkalım (OS) üzerindeki etkisini değerlendirmeyi amaçlamıştır.

Yöntem: İkinci basamak nivolumab tedavisi alan 216 metastatik KHDAK hastasının retrospektif analizi gerçekleştirildi. SII ve SIRI değerleri başlangıç hematolojik parametrelerden hesaplandı. Eğri

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Receiver operating characteristic analysis was used to determine optimal cut-off values, and associations between these values and OS and PFS were examined. Clinical variables—including metastatic distribution, response to prior therapy, and nivolumab cycle number—were incorporated into univariate and multivariate Cox regression models.

Results: Median OS and PFS were 27.7 and 12.6 months, respectively, with a median follow-up of 24 months. A SIRI cut-off of ≥ 2086 was strongly associated with increased mortality and progression risk, while SII demonstrated no significant discriminatory value. An association was observed between the number of nivolumab cycles and survival outcomes, with shorter survival among patients who received fewer cycles. Additionally, the presence of multiorgan metastases and disease progression during prior treatment independently predicted worse outcomes.

Conclusion: SIRI and the nivolumab cycle count appear to be clinically relevant parameters associated with survival outcomes. The lack of prognostic significance for SII suggests that SIRI may be a more reliable inflammation-based marker in this treatment setting. These findings highlight the potential of integrating inflammatory indices with clinical parameters to refine risk stratification and optimize patient management.

Keywords: Nivolumab, non-small cell lung cancer, overall survival, progression-free survival, prognostic biomarkers, systemic immune-inflammation index, systemic inflammatory response index

altında kalan alan analizi ile optimal kesim noktaları belirlendi ve bu indekslerin OS ve PFS ile ilişkileri değerlendirildi. Metastatik dağılım, önceki tedavi yanıtı ve nivolumab kür sayısı gibi klinik değişkenler univaryant ve multivaryant Cox regresyon modellerine dahil edildi.

Bulgular: Ortalama 24 aylık takip sonrasında medyan OS 27,7 ay, medyan PFS ise 12,6 ay olarak hesaplandı. SIRI için ≥ 2086 kesim değeri, artmış mortalite ve progresyon riski ile güçlü şekilde ilişkili bulundu. Buna karşın SII anlamlı bir ayırt edici değer göstermedi. Nivolumab kür sayısı, hastalık seyri ile ilişkili prognostik bir gösterge olarak değerlendirildi; daha az kür alabilen hastalarda daha kısa sağkalım gözlenmiştir. Ayrıca çoklu organ metastazı ve önceki tedavi sırasında progresyon, bağımsız kötü prognostik faktörler olarak saptandı.

Sonuç: SIRI ve nivolumab kür sayısı, ikinci basamak immünoterapi alan metastatik KHDAK hastalarında sağkalım ile ilişkili, klinik olarak uygulanabilir prognostik parametreler olarak değerlendirilebilir. SII'nın anlamlı prognostik katkı sağlamaması, bu tedavi bağlamında SIRI'nın daha güvenilir bir enflamasyon temelli belirteç olabileceğini düşündürmektedir. Bulgular, enflamatuvar indekslerin klinik parametrelerle birlikte kullanılarak risk sınıflamasının iyileştirilebileceğini ve hasta yönetiminin optimize edilebileceğini göstermektedir.

Anahtar kelimeler: Genel sağkalım, küçük hücreli dışı akciğer kanseri, nivolumab, prognostik biyobelirteçler, progresyonsuz sağkalım, sistemik enflamatuvar yanıt indeksi, sistemik immün-enflamasyon indeksi

Introduction

Cancer, excluding non-melanoma skin cancers, remains the most frequently diagnosed malignancy worldwide and represents a major public health problem in terms of both incidence and mortality (1). Non-small cell lung cancer (NSCLC) accounts for approximately 85% of all lung cancers and is associated with poor overall survival (OS), largely due to diagnosis at advanced stages and the limited availability of effective treatment options (2,3). Because most patients are diagnosed at an advanced stage, survival outcomes remain suboptimal despite current therapeutic strategies (4). In recent years, the introduction of immune checkpoint inhibitors (ICIs), particularly anti-PD-1/PD-L1 agents, has marked a major breakthrough in the management of advanced NSCLC and has led to significant improvements in survival outcomes (5). However, the response to immunotherapy (IT) varies substantially among patients, highlighting the need for reliable and easily accessible biomarkers that can predict treatment outcomes (6).

With increasing understanding of the role of systemic inflammation in tumor development, progression, and metastasis, inflammatory indices derived from peripheral blood parameters have attracted increasing

attention (7). Among these, the neutrophil-to-lymphocyte ratio (NLR), platelet-to-lymphocyte ratio (PLR), systemic immune-inflammation index (SII), and systemic inflammatory response index (SIRI) are the most commonly investigated biomarkers (8). Large-scale meta-analyses in NSCLC populations have demonstrated that elevated NLR levels are significantly associated with poor survival (9). Similarly, C-reactive protein (CRP)-based inflammatory scores have been shown to have strong prognostic value across large patient cohorts (10).

SIRI is a recently defined index calculated as (neutrophils \times monocytes)/lymphocytes (11). Meta-analyses including more than 3.000 patients with NSCLC have shown that elevated SIRI levels are consistently associated with poor OS and progression-free survival (PFS) (8). Moreover, this association has been reported to remain consistent regardless of differences in country, tumor stage, histology, or cut-off values (8).

Recent findings also suggest that SIRI and SII may serve as potential biomarkers for predicting treatment response among patients with advanced NSCLC receiving IT (8). However, most existing meta-analyses involve heterogeneous patient populations and

combine different treatment modalities, limiting the generalizability of their conclusions. Data specifically evaluating the prognostic roles of SIRI and SII in patients with metastatic NSCLC treated with second-line nivolumab remain limited (12). Furthermore, comprehensive studies assessing these inflammatory indices together with clinical features such as metastatic patterns, prior treatment response, and the number of nivolumab cycles are still needed (12).

In this study, we aimed to evaluate the prognostic significance of SIRI and SII for OS and PFS in metastatic NSCLC patients receiving second-line nivolumab, as well as their associations with metastatic distribution, number of nivolumab cycles administered, and prior treatment response (12).

Materials and Methods

This retrospective study included patients with metastatic NSCLC who received second-line nivolumab treatment at the İstanbul Medipol University Medical Oncology Clinic. Ethics committee approval: Permission was obtained from the İstanbul Medipol University Non-Interventional Clinical Research Ethics Committee (decision no: 1238, date: 16.10.2025). Electronic medical records and radiological data of eligible patients were reviewed.

Patients aged ≥ 18 years, histologically diagnosed with NSCLC, who had received at least one cycle of nivolumab as second-line therapy and who had accessible baseline laboratory parameters and radiological assessments were included. Patients with insufficient laboratory data, active infections, autoimmune diseases requiring immunosuppressive therapy, hematologic malignancies, or missing follow-up information were excluded.

Demographic characteristics (age, sex), Eastern Cooperative Oncology Group (ECOG) performance status, histopathological subtype, primary tumor location, initial clinical stage, comorbidities, prior treatments, metastatic sites, metastatic tumor burden, number of nivolumab cycles, and radiological treatment responses were obtained from medical records. Pre-treatment neutrophil, lymphocyte, monocyte, and platelet counts, as well as CRP and albumin levels, were retrieved from the hospital laboratory information system. Hemogram analyses were performed on the Mindray CAL 8000 analyzer (Shanghai, China) using electrical-impedance and optical methods, while CRP and albumin levels were measured on Cobas 702 analyzers (Roche Diagnostics, Mannheim, Germany) using the electrochemiluminescence method.

Systemic inflammation indices were calculated using the following formulas:

$$\text{SII} = \text{platelet count} \times \text{neutrophil count} / \text{lymphocyte count}$$

$$\text{SIRI} = \text{neutrophil count} \times \text{monocyte count} / \text{lymphocyte count}$$

OS was defined as the time from nivolumab initiation until death from any cause. PFS was defined as the time from treatment initiation until radiologically confirmed disease progression or death. Treatment responses were evaluated according to RECIST 1.1 criteria.

Statistical Analysis

Statistical analyses were conducted using IBM SPSS Statistics for Windows, Version 25.0 (IBM Corp., Armonk, NY, USA). The distribution of continuous variables was evaluated using the Kolmogorov-Smirnov test. Normally distributed variables were presented as mean \pm standard deviation, whereas non-normally distributed variables were expressed as median (minimum-maximum). Categorical variables were summarized as frequencies and percentages.

Comparisons between groups were performed using the chi-square or Fisher's exact test for categorical variables, and the independent samples t-test or Mann-Whitney U test for continuous variables. OS and PFS were analyzed using the Kaplan-Meier method, and survival curves were compared using the log-rank test. Prognostic factors affecting survival were examined using Cox proportional hazards regression analysis; hazard ratios (HRs) and 95% confidence intervals (CIs) were reported.

The predictive performance of continuous variables was assessed using receiver operating characteristic (ROC) curve analysis, and optimal cut-off values were determined by the Youden index. The number of nivolumab cycles was included in the analyses as a treatment exposure-related variable, defined as the total number of administered cycles during follow-up. In this study, ≥ 2086 was used as the cut-off value for SIRI, and ≤ 10.5 for the number of nivolumab cycles. A p-value < 0.05 was considered statistically significant.

To address the potential risk of immortal time bias associated with treatment duration, a landmark analysis was performed for progression-free survival. The landmark time point was defined at 3 months following nivolumab initiation, corresponding to the first routine radiological response assessment. Only patients who were alive and progression-free at the landmark time point were included in the landmark-adjusted multivariate Cox regression

model. OS analyses were performed using the full cohort, as the predefined landmark did not result in exclusion of patients or alteration of the OS risk set.

Results

In the present study, 216 patients were included (Table 1). The mean age of the patients was 62.56±8.53 years, with a median age of 62.5 (range: 24-88). Among all cases, 64.4% were older than 60 years, and 35.6% were younger than 60 years. The gender distribution revealed that 86.1% of the patients were male and 13.9% were female, indicating a clear predominance of male patients. Regarding performance status, 13.5% of the patients had ECOG 0, 84.2% had ECOG 1, and 2.3% had ECOG 2.

Table 1. Distribution of socio-demographic and clinical variables

Variables	n	%
Age		
Mean ± SD	62.56±8.53	
Median (min-max)	62.5 (24-88)	
<60	77	35.6
>60	139	64.4
Sex		
Female	30	13.9
Male	186	86.1
ECOG		
0	18	13.5
1	112	84.2
2	3	2.3
Comorbidity		
Absent	95	44.0
COPD	34	15.7
CHF-CAD	25	11.6
History of an other malignancy in remission	9	4.2
DM or HT	48	22.2
Other	5	2.3
Histopathology		
ADC	99	45.8
SCC	81	37.5
Mixed type	31	14.4
Other	5	2.3
Primary tumor location		
Right upper lobe	83	38.4
Right middle lobe	17	7.9
Right lower lobe	31	14.4
Left upper lobe	41	19.0

Table 1. Continued

Variables	n	%
Left lower lobe	29	13.4
Central	15	6.9
Initial stage		
Early stage at diagnosis	99	45.8
Metastatic at diagnosis	117	54.2
Vascular invasion		
Unknown	175	81.0
Present	19	8.8
Absent	22	10.2
Lymphatic invasion		
Unknown	175	81.0
Present	19	8.8
Absent	22	10.2
Perineural invasion		
Unknown	172	79.6
Present	14	6.5
Absent	30	13.9
RT type		
Received adjuvant RT	1	1.9
Definitive CRT	44	84.6
Sequential CT and RT	7	13.5
RT with concurrent CT		
No concurrent chemotherapy	7	13.5
Concurrent carboplatin-paclitaxel	44	84.6
Concurrent chemotherapy unknown	1	1.9
Metastasis sites		
Lung widespread	50	23.1
Lung local	34	15.7
Brain metastasis	24	11.1
Bone metastasis	27	12.5
Multiorgan	77	35.6
Adrenal	4	1.9
Tumor burden in metastatic disease		
Oligometastatic 1-2-3 lesions	72	33.3
Oligometastatic 4-5 lesions	39	18.1
No Oligometastatic disease	75	34.7
Local-regional recurrence only	30	13.9
Initial treatment summary		
Induction CT then CRT	16	7.4
CRT then consolidation CT	12	5.6
Received sequential RT/CT	5	2.3
Previously operated + adjuvant CT	25	11.6

Table 1. Continued		
Variables	n	%
Previously operated + adjuvant RT/CT	6	2.8
Follow-up after definitive CRT	31	14.4
Postoperative follow-up, recurrence treated with RT/CT	8	3.7
Nivolumab cycle count		
Mean ± SD	13.96±11.07	
Median (min-max)	10.00 (1.00-50.00)	
SUV _{max} on PET before nivolumab		
Mean ± SD	12.65±6.85	
Median (min-max)	11.30 (2.80-42.80)	
Received RT during immunotherapy		
No	184	85.2
Yes	32	14.8
Radiologic interim response to immunotherapy		
Complete response	11	5.3
Partial response	64	30.8
Stable disease	43	20.7
Unconfirmed progression	4	1.9
Confirmed progression	84	40.4
Pseudoprogression	2	1.0
Recurrence sites after immunotherapy		
Absent	62	32.8
Lung local	27	14.3
Brain metastasis	10	5.3
Bone metastasis	9	4.8
Liver metastasis	1	0.5
Multiorgan	80	42.3
Relationship to prior treatment		
Progressed during prior treatment	154	71.3
Progressed during drug-free follow-up	62	28.7
Chemotherapy response before immunotherapy		
Complete response	8	3.7
Partial response	55	25.5
Stable response	20	9.3
Progressive disease	127	58.8
Unknown	6	2.8
SII		

Table 1. Continued		
Variables	n	%
Mean ± SD	286219.00±110497.80	
Median (min-max)	260847.0 (21995.0-736000.0)	
SIRI		
Mean ± SD	3002.84±2847.96	
Median (min-max)	2086.00 (175.0-21144.0)	
Progression		
No	91	42.1
Yes	125	57.9
Mortality		
Alive	107	49.5
Dead	109	50.5
Follow-up duration (months)		
Mean ± SD	24.43±17.28	
Median (min-max)	20.16 (1.03-117.20)	

SD: Standard deviation, ADC: Adenocarcinoma, SCC: Squamous cell carcinoma, CHF: Congestive heart failure, CAD: Coronary artery disease, COPD: Chronic obstructive pulmonary disease, DM: Diabetes mellitus, HT: Hypertension, ECOG: Eastern Cooperative Oncology Group, SIRI: Systemic inflammatory response index, SII: Systemic immune-inflammation index, PET: Positron emission tomography, CRT: Chemoradiotherapy, RT: Radiotherapy, CT: Computed tomography

Regarding comorbidities, 44.0% of patients had none. The most common comorbidities were diabetes mellitus or hypertension (22.2%), COPD (15.7%), and heart failure-coronary artery disease (11.6%). A history of another malignancy in remission was reported in 4.2% of patients, whereas 2.3% had other less frequent comorbidities.

Histopathological evaluation showed that 45.8% of cases had adenocarcinoma, 37.5% had squamous cell carcinoma, 14.4% had mixed type, and 2.3% had other histological subtypes. Regarding primary tumor localization, the most common site was the right upper lobe (38.4%), followed by the left upper lobe (19.0%), the right lower lobe (14.4%), the left lower lobe (13.4%), and the right middle lobe (7.9%). Centrally located tumors accounted for 6.9% of all cases.

At diagnosis, 54.2% of the patients presented with metastatic disease, while 45.8% were diagnosed at an early stage. Vascular, lymphatic, and perineural invasion rates were 8.8%, 8.8%, and 6.5%, respectively.

Regarding radiotherapy, the majority of patients (84.6%) underwent definitive chemoradiotherapy. The most commonly administered regimen among those receiving

concurrent chemotherapy was carboplatin-paclitaxel (84.6%); 13.5% did not receive concurrent chemotherapy.

Assessment of metastatic involvement revealed that 23.1% of patients had diffuse lung metastases, 15.7% had localized lung metastases, 11.1% had brain metastases, 12.5% had bone metastases, 1.9% had adrenal metastases, and 35.6% had multiple-organ metastatic involvement. Based on metastatic tumor burden, 33.3% were classified as oligometastatic with 1-3 lesions, 18.1% with 4-5 lesions, 34.7% had no oligometastatic disease, and 13.9% had locoregional recurrence only.

Evaluation of initial treatment strategies demonstrated that 52.3% of patients presented with metastatic disease at diagnosis and received systemic therapy. Additionally, 11.6% underwent surgery followed by adjuvant chemotherapy; 14.4% were monitored after definitive chemoradiotherapy; 7.4% received induction chemotherapy followed by chemoradiotherapy; 5.6% received consolidation chemotherapy following chemoradiotherapy; 2.3% received sequential radiotherapy/chemotherapy; and 3.7% were treated with radiotherapy/chemotherapy for recurrence after surgery.

Regarding IT, patients received a mean of 13.96±11.07 cycles of nivolumab (median: 10 cycles; range: 1-50). The mean pre-IT baseline PET SUV_{max} value was 12.65±6.85 (median: 11.30; range: 2.80-42.80). Radiotherapy during IT was administered to 14.8% of patients.

Radiological response analysis showed complete response in 5.3% of patients, partial response in 30.8%, stable disease in 20.7%, confirmed progression in 40.4%, and pseudoprogression in 1.0%. Following IT, multiorgan recurrence was the most common relapse pattern (42.3%), followed by localized lung (14.3%), brain (5.3%), bone (4.8%), and liver (0.5%) recurrences; no recurrence was observed in 32.8% of patients.

Regarding pre-IT treatment status, 71.3% of patients had progressed during prior therapy, while 28.7% experienced progression during treatment-free follow-up. Pre-IT chemotherapy response assessment showed complete

response in 3.7%, partial response in 25.5%, stable disease in 9.3%, and progressive disease in 58.8% of patients.

Evaluation of systemic inflammatory markers revealed a mean SII of 286219.00±110497.80 and a mean SIRI of 3002.84±2847.96. The mean follow-up duration was 24.43±17.28 months (median: 20.16; range: 1.03-117.20 months). The progression rate was 57.9%, and the mortality rate was 50.5%.

As shown in Table 2, the predictive value of various clinical parameters for distinguishing mortality was evaluated using ROC analysis. According to the results, the number of nivolumab cycles demonstrated discriminative ability with respect to mortality [area under the curve (AUC)=0.843; 95% confidence interval (CI): 0.792-0.893; p<0.001]. The determined cut-off value was ≤10.50, indicating that patients receiving nivolumab below this threshold had a significantly higher risk of mortality. Sensitivity and specificity at this cut-off were calculated as 77.1% and 76.4%, respectively.

SIRI was also found to be a significant predictor of mortality (AUC=0.652; 95% CI: 0.578-0.725; p<0.001). The cut-off value of ≥2086.00 was identified as the threshold associated with increased mortality risk, with sensitivity of 60.6% and specificity of 61.0%.

In contrast, SII did not demonstrate a statistically significant discriminative ability for mortality (AUC=0.554; 95% CI: 0.477-0.631; p=0.173).

As shown in Table 3, the median OS for all patients was 27.66 months (95% CI: 19.31-36.01). Median OS differed significantly according to several clinical variables, including initial disease stage (p=0.001), metastatic sites (p=0.008), initial treatment summary (p=0.034), number of nivolumab cycles (p<0.001), the relationship between prior treatment and IT (p=0.002), chemotherapy response before initiation of IT (p=0.004), and SIRI groups (p<0.001) (Figure 1A-D).

As shown in Table 4, the overall median PFS was 12.56 months (95% CI: 9.09-16.03). Median PFS differed significantly by metastasis site (p=0.026), number of

Table 2. Analysis of the predictive value of various clinical parameters in distinguishing mortality

Variables	AUC	95% CI	Cut-off	Sensitivity (%)	Specificity (%)	p
SII	0.554	0.477-0.631	≥260847.00	55.0	55.2	0.173
SIRI	0.652	0.578-0.725	≥2086.00	60.6	61.0	<0.001
Number of nivolumab cycles	0.843	0.792-0.893	≤10.50	77.1	76.4	<0.001

AUC: Area under the curve, CI: Confidence interval, SIRI: Systemic inflammatory response index, SII: Systemic immune-inflammation index

Table 3. OS comparisons of the patients

Variables	2-year %	5-year %	Median months (95% CI)	p
Overall	56.8	37.1	27.66 (19.31-36.01)	
Age				
<60	60.0	35.7	34.80 (11.92-57.67)	0.478
>60	55.2	36.8	27.16 (17.67-36.66)	
Sex				
Female	54.0	-	26.33 (15.20-37.45)	0.941
Male	57.1	37.1	27.66 (19.17-36.15)	
Initial stage				
Early stage at diagnosis	67.9	44.2	43.46 (18.60-68.32)	0.001
Metastatic at diagnosis	43.8	35.3	22.13 (18.75-25.50)	
Lymphatic invasion				
Present	69.4	39.2	29.66 (6.39-52.93)	0.766
Absent	61.3	51.1	- (-)	
PNI				
Present	64.3	48.2	27.16 (0.0-73.79)	0.966
Absent	68.8	41.6	43.46 (34.50-52.42)	
RT type				
Definitive CRT	60.9	36.9	36.33 (7.83-64.83)	0.213
Sequential CT and RT	42.9	-	24.00 (11.51-36.48)	
Metastasis sites				
Lung widespread	74.3	58.1	67.73 (0.00-140.77)	0.008
Lung local	7.5	46.4	60.00 (25.62-94.37)	
Brain metastasis	46.0	-	23.66 (17.78-29.54)	
Bone metastasis	43.6	43.6	20.20 (18.40-21.99)	
Multiorgan	44.4	27.1	19.63 (14.77-24.48)	
Tumor burden in metastatic disease				
Oligometastatic 1-2-3 lesions	57.4	38.7	34.80 (18.12-51.47)	0.178
Oligometastatic 4-5 lesions	58.6	37.5	36.33 (14.62-58.04)	
No Oligometastatic disease	46.1	32.3	20.96 (13.33-28.59)	
Local-regional recurrence only	76.4	47.8	60.00 (20.63-99.36)	
Initial treatment summary				
Induction CT then CRT	61.9	37.7	26.33 (24.05-28.61)	0.034
CRT then consolidation CT	43.8	32.8	23.66 (17.05-30.28)	
Received sequential RT/CT	26.7	-	24.00 (17.05-30.94)	
Previously operated + adjuvant CT	79.6	56.5	60.40 (20.98-99.81)	
Metastatic at diagnosis	46.0	34.8	22.13 (18.45-25.80)	
Previously operated + adjuvant RT/CT	83.3	62.5	78.23 (-)	
Follow-up after definitive CRT	71.0	42.4	60.00 (22.74-97.25)	
Post-op follow-up, recurrence treated with RT/CT	62.5	31.3	43.46 (10.02-76.90)	
Nivolumab cycle count				
>10.50	83.9	64.9	117.20 (-)	<0.001
≤10.50	30.2	14.1	15.63 (12.59-18.67)	
Relationship to prior treatment				
Progressed during prior treatment	49.3	29.4	24.00 (16.38-31.61)	0.002
Progressed during drug-free follow-up	74.3	52.7	60.40 (11.52-109.27)	

Table 3. Continued

Variables	2-year %	5-year %	Median months (95% CI)	p
Chemotherapy response before immunotherapy				
Complete response	87.5	87.5	60.40 (13.85-106.94)	0.004
Partial response	68.7	42.9	29.93 (18.06-41.79)	
Stable response	69.6	58.0	- (-)	
Progressive disease	44.9	26.8	20.96 (16.36-25.56)	
SIRI				
<2086.00	71.9	46.6	60.00 (31.70-88.29)	<0.001
≥2086.00	41.5	26.6	19.63 (15.09-24.17)	

Kaplan-Meier analysis and log-rank test were applied; $p < 0.05$ was considered statistically significant, SIRI: Systemic inflammatory response index, RT: Radiotherapy, CRT: Chemoradiotherapy, CT: Computed tomography, OS: Overall survival, CI: Confidence interval, PNI: Perineural invasion

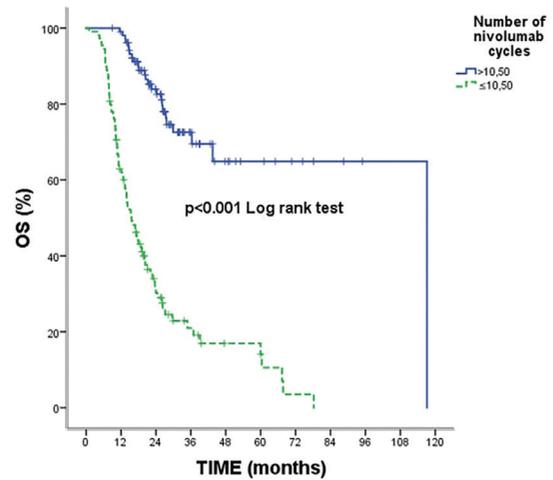
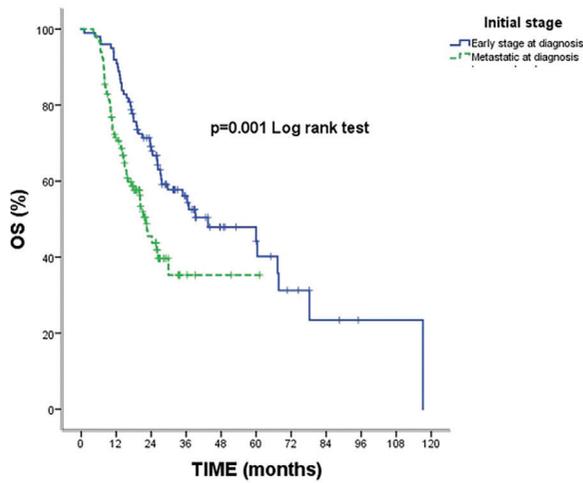


Figure 1. Kaplan-Meier curves for overall survival (OS) according to (A) initial stage at diagnosis, (B) metastatic sites, (C) number of nivolumab cycles, and (D) SIRI groups; Figure 1A. Overall survival according to initial stage
 SIRI: Systemic inflammatory response index

Figure 1C. Overall survival (OS) according to number of nivolumab cycles

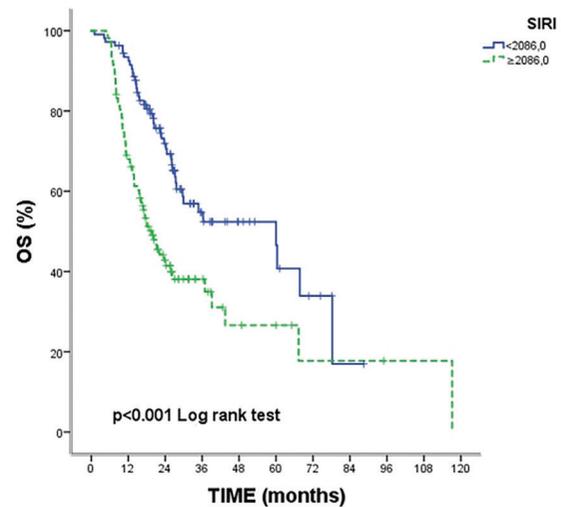
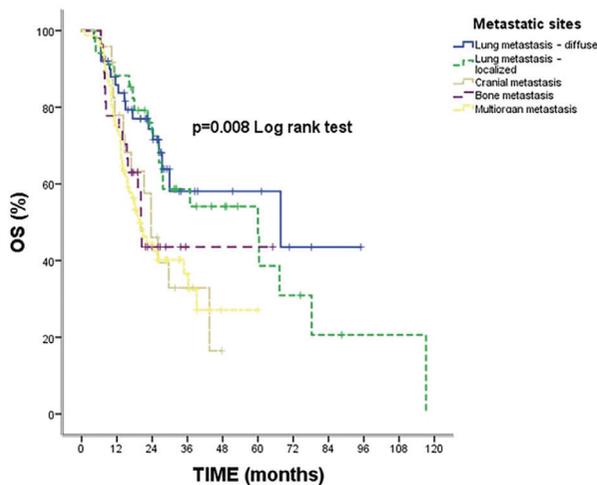


Figure 1B. Overall survival (OS) according to metastatic sites

Figure 1D. Overall survival (OS) according to SIRI groups
 SIRI: Systemic inflammatory response index

Table 4. PFS comparisons of the patients

Variables	2-year %	5-year %	Median months (95% CI)	p
Overall	37.0	13.9	12.56 (9.09-16.03)	
Age				
<60	46.2	-	19.86 (11.73-27.99)	0.054
>60	32.6	20.7	11.36 (8.81-13.91)	
Sex				
Female	34.3	-	13.50 (8.49-18.50)	0.899
Male	37.3	13.3	12.56 (8.69-16.43)	
Initial stage				
Early stage at diagnosis	39.9	27.6	18.16 (13.32-23.01)	0.056
Metastatic at diagnosis	37.1	-	9.90 (7.90-11.80)	
Lymphatic invasion				
Present	31.4	-	18.16 (6.85-29.47)	0.851
Absent	45.9	-	12.66 (1.80-23.52)	
PNI				
Present	45.1	-	16.16 (-)	0.788
Absent	34.7	-	18.16 (8.07-28.25)	
RT type				
Definitive CRT	43.3	11.9	15.56 (7.67-23.46)	0.074
Sequential CT and RT	-	-	9.86 (8.92-10.80)	
Metastasis sites				
Lung widespread	54.4	-	25.53 (-)	0.026
Lung local	44.9	22.5	15.56 (8.56-22.56)	
Brain metastasis	20.6	-	16.16 (5.69-26.63)	
Bone metastasis	42.3	-	11.13 (7.61-14.65)	
Multiorgan	26.4	-	8.06 (5.64-10.48)	
Tumor burden in metastatic disease				
Oligometastatic 1-2-3 lesions	40.9	14.7	17.56 (9.90-25.22)	0.065
Oligometastatic 4-5 lesions	29.3	-	7.93 (2.01-13.86)	
No Oligometastatic disease	31.2	-	9.86 (5.27-14.46)	
Local-regional recurrence only	51.7	-	25.03 (-)	
Initial treatment summary				
Induction CT then CRT	36.5	-	11.73 (7.48-15.98)	0.179
CRT then consolidation CT	31.3	-	11.13 (7.96-14.30)	
Received sequential RT/CT	-	-	9.50 (7.78-11.21)	
Previously operated + adjuvant CT	48.4	-	19.86 (-)	
Metastatic at diagnosis	35.9	-	9.66 (7.15-12.18)	
Previously operated + adjuvant RT/CT	50.0	-	6.56 (-)	
Follow-up after definitive CRT	49.7	19.0	18.73 (7.73-29.73)	
Post-op follow-up, recurrence treated with RT/CT	34.3	-	21.43 (0.00-45.53)	
Nivolumab cycle count				
>10.50	60.5	23.5	35.63 (24.25-47.01)	<0.001
≤10.50	10.4	-	5.80 (5.20-6.39)	
Relationship to prior treatment				
Progressed during prior treatment	33.4	-	9.13 (6.64-11.62)	0.001
Progressed during drug-free follow-up	48.6	16.5	19.86 (13.03-26.69)	

Table 4. Continued

Variables	2-year %	5-year %	Median months (95% CI)	p
Chemotherapy response before immunotherapy				
Complete response	75.0	-	25.60 (15.68-35.52)	0.162
Partial response	34.8	27.8	15.56 (10.96-20.17)	
Stable response	40.2	-	11.73 (8.14-15.32)	
Progressive disease	36.3	-	9.13 (6.15-12.10)	
SIRI				
<2086.00	47.0	17.8	18.73 (10.62-26.84)	<0.001
≥2086.00	17.3	-	8.76 (6.34-11.18)	

Kaplan-Meier survival analysis and log-rank test were applied; p<0.05 was accepted as statistically significant, PFS: Progression-free survival, CT: Computed tomography, RT: Radiotherapy, CRT: Chemoradiotherapy, SIRI: Systemic inflammatory response index, PNI: Perineural invasion, CI: Confidence interval

nivolumab cycles (p<0.001), the relationship between prior treatment and IT (p=0.001), and SIRI group (p<0.001). Patients with multiorgan metastasis and those who received ≤10.50 nivolumab cycles had markedly shorter PFS (Figure 2A-D).

As shown in Table 5, the variables initial stage, metastasis sites, initial treatment summary, number of nivolumab cycles, relationship to prior treatment, chemotherapy response before IT, and SIRI were found to be significant in the univariate analyses. Variables identified as significant in the univariate analyses were included in the multivariate Cox regression model. According to the model results, being in the lung local group increased the risk of death by 2.29-fold (HR: 2.29, 95% CI: 1.01-5.24, p=0.050), having brain metastases by 2.67-fold (HR: 2.67, 95% CI: 1.19-5.98, p=0.017), having bone metastasis by 2.45-fold (HR: 2.45,

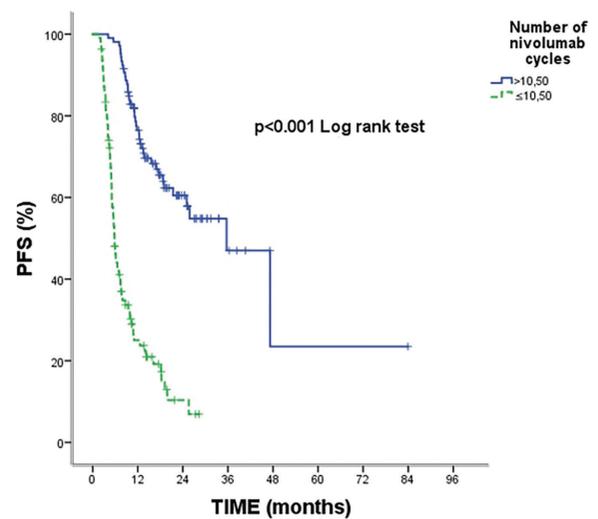


Figure 2B. Progression-free survival (PFS) according to number of nivolumab cycles

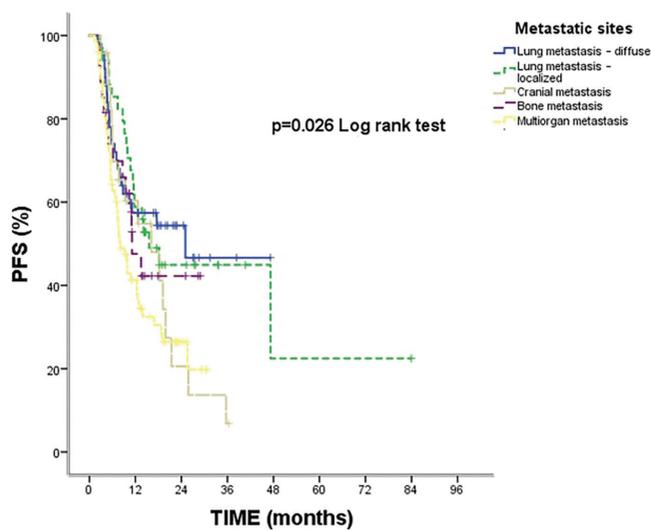


Figure 2. Kaplan-Meier curves for progression-free survival (PFS) according to (A) metastatic sites, (B) number of nivolumab cycles, (C) relation to previous treatment, and (D) SIRI groups; Figure 2A. Progression-free survival according to metastatic sites

SIRI: Systemic inflammatory response index

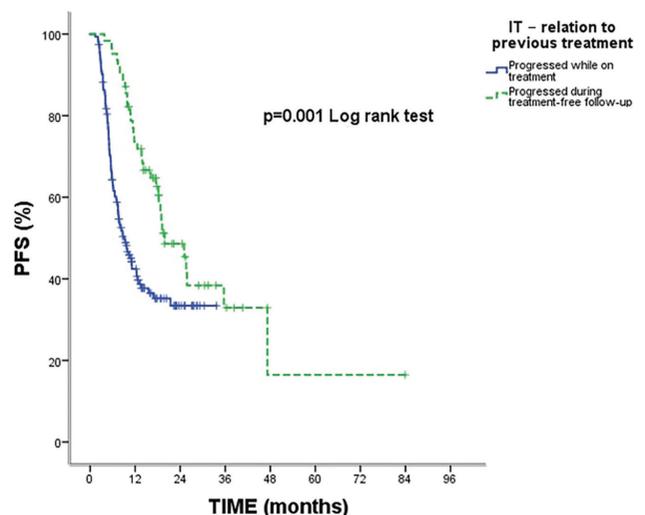


Figure 2C. Progression-free survival (PFS) according to relation to previous treatment

IT: Immunotherapy

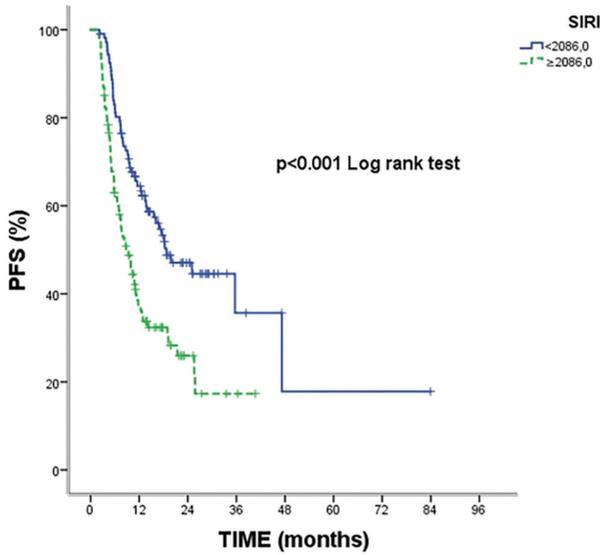


Figure 2D. Progression-free survival (PFS) according to SIRI groups
SIRI: Systemic inflammatory response index

95% CI: 1.15-5.21, $p=0.019$), having multiorgan metastasis by 2.69-fold (HR: 2.69, 95% CI: 1.45-5.02, $p=0.002$), having ≤ 10.50 nivolumab cycles by 6.38-fold (HR: 6.38, 95% CI: 3.90-10.43, $p < 0.001$), and having progressive disease by 5.24-fold (HR: 5.24, 95% CI: 1.09-25.07, $p=0.038$) were determined to increase the risk of death.

As shown in Table 6, metastatic sites, number of nivolumab cycles, relationship to prior treatment, and SIRI were found to be significant in the univariate analyses. To minimize potential immortal time bias related to treatment duration, a landmark analysis was performed, and patients who were alive and progression-free at the predefined landmark time point were included in the multivariate Cox regression model. According to the landmark-adjusted model results, having multiorgan metastasis was associated with an increased risk of progression (HR: 1.77, 95% CI: 0.54-2.98, $p=0.051$), and receiving ≤ 10.50 nivolumab cycles by the landmark time point was associated with a markedly higher risk of progression (HR: 6.48, 95% CI: 4.13-10.16, $p < 0.001$). In contrast, progression during drug-free follow-up was associated with a reduced risk (HR: 0.30, 95% CI: 0.19-0.49, $p < 0.001$).

Table 5. Multivariate Cox regression results of various clinical variables on mortality risk

Variables	HR (95% CI)	p
Initial stage		
Early stage at diagnosis	ref	0.249
Metastatic at diagnosis	2.40 (0.54-10.69)	
Metastasis sites		0.032
Lung widespread	ref	
Lung local	2.29 (1.01-5.24)	0.050
Brain metastasis	2.67 (1.19-5.98)	0.017
Bone metastasis	2.45 (1.15-5.21)	0.019
Multiorgan	2.69 (1.45-5.02)	0.002
Initial treatment summary		0.381
Induction CT then CRT	ref	
CRT then consolidation CT	0.69 (0.20-1.70)	0.333
Received sequential RT/CT	0.63 (0.16-2.47)	0.512
Previously operated + adjuvant CT	0.29 (0.10-0.89)	0.055
Metastatic at diagnosis	0.52 (0.21-1.29)	0.633
Previously operated + adjuvant RT/CT	0.19 (0.04-0.88)	0.065
Follow-up after definitive CRT	0.52 (0.21-1.29)	0.161
Post-op follow-up, recurrence treated with RT/CT	0.53 (0.16-1.71)	0.294
Nivolumab cycle count		
>10.50	ref	<0.001
≤ 10.50	6.38 (3.90-10.43)	
Relationship to prior treatment		
Progressed during prior treatment	ref	0.400
Progressed during drug-free follow-up	1.35 (0.66-2.77)	
Chemotherapy response before immunotherapy		0.018

Table 5. Continued

Variables	HR (95% CI)	p
Complete response	ref	
Partial response	2.02 (0.44-9.17)	0.359
Stable response	4.12 (0.77-21.88)	0.096
Progressive disease	5.24 (1.09-25.07)	0.038
SIRI		
<2086.00	ref	0.111
≥2086.00	1.41 (0.92-2.17)	

-2 Log Likelihood:865.04, p<0.001, SIRI: Systemic inflammatory response index, CT: Computed tomography, RT: Radiotherapy, CRT: Chemoradiotherapy, HR: Hazard ratio, CI: Confidence interval

Table 6. Landmark-adjusted multivariate Cox regression analysis of clinical variables associated with progression risk

Variables	HR (95% CI)	p
Metastasis sites		0.057
Lung widespread	ref	
Lung local	1.13 (0.59-2.17)	0.709
Brain metastasis	1.42 (0.73-2.76)	0.298
Bone metastasis	0.73 (0.35-1.51)	0.401
Multiorgan	1.77 (0.54-2.98)	0.051
Nivolumab cycle count		
>10.50	ref	<0.001
≤10.50	6.48 (4.13-10.16)	
Relationship to prior treatment		
Progressed during prior treatment	ref	<0.001
Progressed during drug-free follow-up	0.30 (0.19-0.49)	
SIRI		
<2086.00	ref	0.280
≥2086.00	1.24 (0.83-1.83)	

-2 Log Likelihood:1073.11, p<0.001, HR: Hazard ratio, CI: Confidence interval, SIRI: Systemic inflammatory response index

Discussion

In this study, the relationship among SIRI, SII, and prognosis was evaluated using real-world data from patients with metastatic NSCLC treated with second-line nivolumab. With a mean follow-up of 24 months, the median OS and PFS were 27.7 and 12.6 months, respectively. In the ROC analysis, a SIRI cut-off value of ≥2086 was associated with an increased risk of both mortality and progression, whereas SII did not demonstrate similar discriminatory performance. One of the notable findings of our study was that the number of nivolumab cycles was consistently associated with both OS and progression-free survival. This association should be interpreted with caution because treatment duration is closely linked to underlying disease biology and treatment response; patients with better disease control are therefore more likely to receive a greater number of treatment cycles. Therefore, the number

of nivolumab cycles should be considered a surrogate marker of clinical course rather than an independent causal determinant of survival. In the multivariate analyses, multiorgan metastasis remained an independent adverse prognostic factor, whereas progression during drug-free follow-up was associated with a reduced risk of death.

The relatively long median OS and PFS observed in our cohort, compared with pivotal randomized trials of second-line nivolumab, may be explained by differences in patient selection and disease characteristics. Nearly half of the patients were initially diagnosed at an early stage and received definitive local treatment before recurrence, a subgroup known to have more favorable tumor biology and a lower metastatic burden. In addition, a considerable proportion of patients experienced progression during drug-free follow-up; this progression is generally associated with better prognosis and treatment sensitivity. Therefore,

the observed survival outcomes likely reflect real-world population heterogeneity rather than methodological bias.

Systemic inflammation-based indices have strong prognostic value in many solid tumors, as demonstrated consistently in large meta-analyses across various cancer types. Several studies have reported that SIRI, which reflects the combined dynamics of neutrophils, monocytes, and lymphocytes, is an independent poor prognostic factor for both OS and PFS in gastrointestinal, gynecological, and genitourinary malignancies (13-15). Similarly, meta-analytic findings have demonstrated that SII is associated with high tumor burden, advanced stage, and poor survival, particularly in gastrointestinal system tumors (16,17). In our study, the finding that SIRI was significant for both OS and PFS in univariate analyses is consistent with the broader cancer literature and suggests that SIRI may be a sensitive indicator of systemic inflammatory burden in metastatic NSCLC patients receiving IT.

When studies focusing specifically on NSCLC are examined, the prognostic role of peripheral blood inflammation indices becomes even more prominent. Systematic reviews and meta-analyses including patients with advanced lung cancer have shown that elevated SII levels adversely affect both OS and PFS in both early-stage resected patients and metastatic cases, and that SII often demonstrates stronger prognostic performance than traditional parameters such as NLR and PLR (18-20). Likewise, retrospective cohorts have shown that SIRI is associated with tumor stage, metastatic burden, and survival in NSCLC (21). The observation in our cohort that SII did not show significant discriminatory ability in either the ROC analysis or the survival curves is partially inconsistent with the literature. This may be related to the structure of our selected cohort, differences in SII cut-off values, sample size, and the effects of radiotherapy on PLRs (22-24).

Although both SII and SIRI are derived from peripheral blood inflammatory parameters, they reflect distinct biological aspects of the host-tumor interaction. SIRI incorporates monocytes in addition to neutrophils and lymphocytes, thereby better capturing monocyte-driven immunosuppressive mechanisms that are particularly relevant in the context of immune checkpoint inhibitor therapy (7,11). Monocytes and tumor-associated macrophages play pivotal roles in shaping the tumor microenvironment and facilitating immune evasion, which may directly influence the response to nivolumab (7). In contrast, SII does not directly account for monocyte-related immune suppression and may be more susceptible

to treatment-related fluctuations in platelet and lymphocyte counts, such as those induced by radiotherapy or peri-treatment inflammatory changes (22-24). These biological and treatment-related differences may partly explain the observed discrepancy between the prognostic performances of SIRI and SII in our cohort.

In recent years, a growing body of evidence suggests that SII and SIRI may serve as useful biomarkers for predicting treatment response and survival in patients with metastatic lung cancer treated with ICIs. Meta-analyses including large patient series have shown that elevated pre-treatment SII levels are associated with significantly worse OS and PFS, and that this relationship is maintained across different tumor types and treatment lines (25-27). Meta-analyses specific to advanced lung cancer have also reported markedly shortened survival for patients with high baseline SII despite ICI therapy. The lack of significance of SII in our study suggests that SII may be less predictive than expected in a homogeneous subgroup of metastatic NSCLC patients receiving IT, and is consistent with the literature suggesting that dynamic changes in SII may be more meaningful (28).

In our univariate analyses, SIRI was found to be significant for both OS and PFS, a finding that is more consistent with the IT literature. Studies including lung cancer patients treated with ICIs have reported that high SIRI levels are associated with low treatment response rates, shorter PFS, and shorter OS (21). The ability of SIRI to predict IT response has been proposed to be related to neutrophil- and monocyte-mediated immunosuppression. The loss of significance of SIRI in our multivariate model may be due to its coexistence with other strong prognostic factors, such as nivolumab cycle count and metastatic burden.

One of the key findings of our study was that the number of nivolumab cycles was independently associated with both OS and PFS. The ROC analysis yielded an AUC of 0.84, and patients who received ≤ 10.5 cycles experienced a markedly higher risk of mortality and progression. However, this association should be interpreted cautiously, as patients with better disease control are more likely to receive a higher number of treatment cycles. In the literature, the optimal duration of immune checkpoint inhibitor therapy and the concept of treatment beyond progression remain controversial, with most available evidence derived from secondary or exploratory analyses. In this context, our real-world data highlight a strong prognostic association between treatment duration and clinical outcomes in patients with metastatic NSCLC receiving second-line nivolumab.

To mitigate the potential risk of immortal time bias related to treatment duration, a landmark analysis was applied to progression-free survival, with the landmark time point defined as 3 months after nivolumab initiation. Only patients who were alive and progression-free at the landmark were included in the landmark-adjusted multivariate Cox regression model. OS analyses were performed using the full cohort, as the predefined landmark did not result in exclusion of patients or alteration of the OS risk set.

Findings regarding patterns of metastasis and tumor burden were consistent with those observed in inflammation-based indices. The finding that multiorgan metastasis was an independent poor prognostic factor for both OS and PFS is consistent with studies reporting higher SII levels in patients with brain and bone metastases (29,30). In our study, the inclusion of metastatic burden in the model, independent of SIRI/SII, indicates that inflammation scores alone may not fully explain the prognostic heterogeneity. Therefore, using SIRI and SII together with metastatic burden may provide a more accurate risk stratification.

Treatment response prior to IT and timing of progression are also important prognostic indicators. Poorer survival among patients who progressed on prior therapy reflects biological aggressiveness and reduced sensitivity to treatment. In contrast, longer OS in patients who progressed during drug-free follow-up after chemotherapy is consistent with the concept of “chemo-sensitive disease” (31,32). These findings suggest that SIRI and SII should be evaluated together with clinical parameters.

A key clinical contribution of our study is the introduction of a practical basis for risk stratification that combines SIRI with nivolumab cycle count in metastatic NSCLC patients receiving second-line IT. Patients with high SIRI who discontinue nivolumab early may be defined as a high-risk group, whereas those with low SIRI receiving prolonged nivolumab therapy may represent a subgroup likely to derive long-term benefit (12,21). Validation of this approach in prospective studies may contribute to the development of risk-based treatment and follow-up algorithms in real-world practice.

Study Limitations

This study has several limitations, including its retrospective design, single-center setting, heterogeneity of cut-off values, lack of biomarker data, such as PD-L1 and TMB, and the assessment of SIRI and SII only at baseline. Literature suggests that dynamic measurements may provide greater prognostic insight (33). Although a landmark approach

was applied to mitigate immortal time bias, residual confounding related to treatment duration cannot be completely excluded.

Conclusion

In conclusion, in this real-world cohort of patients with metastatic NSCLC treated with second-line nivolumab, SIRI demonstrated significant prognostic value for both OS and progression-free survival. Although SII did not show discriminatory performance, elevated SIRI levels were associated with poorer outcomes. The strongest prognostic factor identified in the study was the number of nivolumab cycles received; patients who discontinued treatment early (≤ 10.5 cycles) had a markedly higher risk of both mortality and progression. In addition, multiorgan metastatic disease was confirmed as an independent adverse prognostic factor.

These findings highlight the clinical utility of SIRI and treatment duration as practical, easily accessible parameters for risk stratification in patients receiving ICIs. Combining systemic inflammation markers with treatment-related variables, such as nivolumab cycle count, may facilitate more individualized prognostic assessment. Prospective studies evaluating dynamic changes in inflammatory indices and integrating additional biomarkers, including PD-L1 and TMB, are needed to further refine prognostic models and guide treatment optimization in metastatic NSCLC.

Ethics

Ethics Committee Approval: Ethics committee approval: Permission was obtained from the İstanbul Medipol University Non-Interventional Clinical Research Ethics Committee (decision no: 1238, date: 16.10.2025).

Informed Consent: This retrospective study included patients with metastatic NSCLC who received second-line nivolumab treatment at the İstanbul Medipol University Medical Oncology Clinic.

Footnotes

Authorship Contributions

Surgical and Medical Practices: B.Ç.D., Ş.B., S.T., M.Ö., J.H., A.Ö., A.G.D., A.B., Concept: B.Ç.D., M.Ö., A.Ö., J.H., Design: B.Ç.D., J.H., A.B., Data Collection or Processing: B.Ç.D., Ş.B., S.T., A.Ö., Analysis or Interpretation: B.Ç.D., Ş.B., S.T., A.G.D., A.B., A.G.D., Literature Search: B.Ç.D., Writing: B.Ç.D.

Conflict of Interest: No conflict of interest was declared by the authors.

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